

# BEDFORD HARRIERS' HALF MARATHON

SUNDAY 12TH DECEMBER 2010 @ 10.00AM

WOOTTON UPPER SCHOOL, HALL END RD, WOOTTON, BEDS MK43 9HT



- Chip timing, start-finish
- No entries on the day
- Course Measurement  
Cert. no. 04/091 measurement by Jones Counter
- ARC Race Permit No ARC 10/232
- ARC Rules will be applied
- Incorporating Beds AAA County Championship
- No late starters
- Marshals progressively withdrawn based on 13.5 minutes per mile, no competitors behind sweep vehicle
- Not suitable for wheelchair competitors
- Race Entry Limit 2000
- Closing date for postal entries Thursday 2nd December 2010
- Last posting out date (1st class) for Information Packs & Race Numbers Monday 6th December 2010
- Rural undulating course on country roads
- Cash, team & age category awards  
£100 breaking course records  
(Male:- Paul Mart 1:07:53 2009  
Female:- Tracy Morris 1:16:36 2005)
- Quality rugby shirt to all finishers, available only on the day
- Parking
- Changing
- Showers
- Secure baggage
- Massage
- First aid provision by St John Ambulance
- Hot & cold refreshments
- Race charities St John Ambulance & Fun4YoungPeople
- Race photography by Ed Stagg  
[www.edstaggphotography.com](http://www.edstaggphotography.com)



**1.5K FUN RUN**  
starts 10:15am  
entries on the day only  
£2.00 entry fee for the fun run



[www.bedfordharriers.co.uk](http://www.bedfordharriers.co.uk) : [hello@bedfordharriers.co.uk](mailto:hello@bedfordharriers.co.uk)

PLEASE COMPLETE IN BLOCK CAPITALS

Surname:	D.O.B:	
Forename:	ARC/UKA Club:	
House/Flat No:	E-mail address:	
Street/Rd Name:	Age on 12/12/2010:	
Town:	Tel No:	
County:	Postcode:	Gender: M/F

Entry to the County Championship is on the day.

Please accept my entry for the Bedford Harriers Half Marathon. I am over 17 years and medically fit to compete. I accept that I enter at my own risk and that the organisers will in no way be held responsible for any injury, accident, loss or damage that may arise before, during or after the event as a consequence of my participation in this race. I consent that my details will be used for the purposes described in the Bedford Harriers entry on the Data Protection Register. I will abide by the ARC Rules of Competition. No refunds under any circumstances.

**ENTRY FEES: ARC/UKA affiliated club members - £15.50 Unaffiliated- £17.50**

Cheques payable to - Bedford Harriers A.C. (SAE is not required)

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Send entries to: BHHM, 67 Pendennis Road, Bedford MK41 8NJ • Tel (01234) 307013**