

Wadenhoe Winter Challenge Series 2006-2007 Off-Road Quadrathlon and Run-Bike-Run

Venue: Church Field, Wadenhoe, Nr Oundle, Peterborough
3 mile Cross Country Run (Spikes, studs are strongly recommended if wet)
2 mile River Kayak (Buoyancy aids are compulsory)
6 mile Off-Road Cycle (hilly, technical and can be very wet – helmets compulsory)
1 Mile Cross Country Run (As above)
There will also be a Run-Bike-Run race over the same course (without the kayak section).

The series consists of 4 races with the joint times of the best 2 of the 4 races to count. Awards will therefore only be made after the final race. You must compete in at least 2 races to qualify for awards, but if you can only make one race you are more than welcome. All four races will take place on Wadenhoe Church Field with awards for male/female winners and 6 year age group winners starting at 40 years plus and including under 21. (Age is taken to be that at 31st December 2006)

Race no 1 - Sunday 3rd December 2006 – 10.30am start

Race no 2 - Sunday 21st January 2007 – 10.30am start

Race no 3 – Sunday 18th February 2007 – 10.30am start

Race no 4 – Sunday 18th March 2007 – 10.30am start

Minimum age 16 years, unless agreed with parent and organiser. Entry fee £8.00 per race. On the day entries £10.00. BQA members £6.00.

Cheques made payable to Quadrac Racing and forwarded to Richard Piron, 4, Lodge Avenue, Kempston, Bedfordshire, MK42 7DD or email richardpiron@hotmail.co.uk

The organisers accept no responsibility for any injury and/or loss or damage to personal property during the race. This is a very low key event – entries have been as low as 6 and as high as 40. It is a very tough and possibly wet and soggy course. All standards are welcome. There are no showers, but there is a cold water tap at the finish. Food at very reasonable prices will be available in the nearby village hall, after the event.

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Wadenhoe Winter Challenge 2006-2007

Surname.....Forename.....

Address.....

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Telephone.....Email.....

Date of birth.....Male/Female.....Age @31st Dec 2006.....

BQA Member? Y/N Sports Club (First Call).....

Please indicate which race you want to enter:

Kayak/Cycle/Run Race1..... Race 2..... Run/Bike/Run Race1..... Race 2.....

 Race 3..... Race 4..... Race 3..... Race 4.....

I acknowledge that I compete entirely at my own risk and will not hold the organiser responsible for any injuries sustained or any loss of or damage to personal equipment.

Signature Date.....