

Oakley 20 26th March 2023 Official Results

Place	Name	Club	Gun time	Chip time	Gender	Age group	Number
1	Phil Martin	Peterborough & Nene Valley AC	1:56:09	1:56:08	M	MV40	80
2	James Fisher	Long Eaton Running Club	2:02:58	2:02:55	M	Senior Males	181
3	Matt Clements	Redway Runners	2:02:58	2:02:57	M	Senior Males	177
4	Chris Ling	Olney Runners	2:03:25	2:03:24	M	MV40	360
5	Joseph Emery	C-Squad	2:10:23	2:10:21	M	Senior Males	165
6	Troi Baxter	Newmarket Joggers	2:11:19	2:11:18	F	Senior Ladies	67
7	Natalie Burns	LWAC	2:11:40	2:11:36	F	FV35	490
8	Paul MacKay	Corby A C	2:13:37	2:13:33	M	MV35	458
9	Andrew Cowdrill	Marshall Milton Keynes A C	2:13:48	2:13:47	M	MV35	187
10	Adam Harris	Riverside Runners	2:13:59	2:13:55	M	Senior Males	131
11	Martin Sewell	Cambridge & Coleridge	2:15:23	2:15:20	M	MV50	270
12	James Birnie	Gade Valley Harriers	2:15:25	2:15:19	M	MV45	52
13	Jonathan Quint	City Of Norwich A C	2:15:28	2:15:23	M	MV45	482
14	Russ Hewitt	Riverside Runners	2:16:17	2:16:13	M	MV45	214
15	Dean Reilly	Royston Runners	2:16:43	2:16:36	M	MV35	386
16	Ian Hunter	Alchester R C	2:17:27	2:17:25	M	MV50	157
17	Ben Scofield		2:17:31	2:17:26	M	Senior Males	403
18	Nicolae Hogas	Bedford Harriers A C	2:18:05	2:18:02	M	MV35	86
19	Libby Brown	Cambridge & Coleridge	2:18:14	2:18:10	F	Senior Ladies	483
20	Barry Stratford	Amphill & Flitwick Flyers	2:18:26	2:18:17	M	MV40	13
21	Steven Upton	Amphill & Flitwick Flyers	2:18:26	2:18:17	M	MV45	365
22	Simon Storer	Silson Joggers A C	2:19:21	2:19:04	M	MV50	323
23	Nick Giles		2:20:09	2:20:06	M	MV45	428
24	Jon Kemp	Wellingborough & District A C	2:22:11	2:21:58	M	MV50	348
25	Emily Prejac	Dunstable Lions Running Club (Beds)	2:22:54	2:22:41	F	FV35	358
26	Shannon Barton		2:23:00	2:22:10	F	Senior Ladies	390
27	Jonathan White	Alchester R C	2:23:04	2:23:01	M	MV45	146
28	Conor Goodwin-Tindall		2:23:25	2:22:35	M	Senior Males	391
29	Nigel Berryman	FERC	2:23:36	2:23:32	M	MV50	274
30	Ruth Mitchell	Leighton Buzzard A C	2:24:04	2:23:49	F	Senior Ladies	441
31	Gavin Nicholson	Amphill & Flitwick Flyers	2:24:19	2:24:10	M	MV40	158
32	Stephanie Giles	Alchester R C	2:24:32	2:24:28	F	Senior Ladies	156
33	Neil Carrant	Dunstable R R	2:24:55	2:24:47	M	MV45	212
34	Ian Robinson	Barrow Runners	2:26:04	2:26:01	M	MV60	449
35	Liam Butler	Royston Runners	2:26:23	2:26:15	M	MV35	389
36	James Darcy	Buckingham & Stowe	2:26:34	2:26:23	M	MV55	328
37	Zoe Kemp	Human Energy A C	2:26:40	2:26:26	F	FV45	230
38	Richard Moore	Dunstable Lions Running Club (Beds)	2:27:31	2:27:18	M	MV40	456
39	Trevor Morgan		2:27:47	2:27:41	M	MV50	416
40	Ellie Sherriffs	Bedford Harriers A C	2:28:15	2:28:08	F	FV35	282
41	Matt Barker		2:28:25	2:28:10	M	MV40	411
42	Andrew Wasdell	Marshall Milton Keynes A C	2:28:28	2:28:12	M	MV45	398
43	Graham Magill		2:28:32	2:28:14	M	MV35	208
44	Robin Bennett-Freebairn		2:30:08	2:29:31	M	MV50	74
45	Callum Harrison	Amphill & Flitwick Flyers	2:30:14	2:30:13	M	Senior Males	486
46	Paul Holmes	Silson Joggers A C	2:30:43	2:30:26	M	MV40	309
47	Linsey Ryall	Marshall Milton Keynes A C	2:31:05	2:30:49	F	FV40	201
48	Neil Whitaker	BRJ Run & Tri	2:31:13	2:31:09	M	MV40	28
49	Jeremy Broomfield	Vegan Runners UK	2:31:23	2:30:47	M	MV45	75
50	Lizzie Phipps	Silson Joggers A C	2:31:57	2:31:40	F	Senior Ladies	393
51	Emily Young	Highgate Harriers	2:32:06	2:31:59	F	Senior Ladies	440
52	Stewart Campbell	Lonely Goat Running Club	2:32:19	2:32:04	M	MV55	397
53	Hannah St Leger-Harris	Silson Joggers A C	2:32:27	2:32:11	F	FV35	308
54	Richard Nice	Edmonton R C	2:32:48	2:32:38	M	MV50	487
55	Alan Coulman	Wootton R R	2:32:59	2:32:31	M	MV45	434
56	Samantha Grainger		2:33:08	2:32:51	F	FV35	329
57	Oliver Jones	Bedford Harriers A C	2:33:13	2:32:56	M	MV45	55
58	Sally Green	Redway Runners	2:33:28	2:33:15	F	FV40	344
59	Sam Simmons		2:33:51	2:33:42	M	Senior Males	340
60	Dave Bailey	Redway Runners	2:34:00	2:33:29	M	MV50	414
61	Jennifer Sangster	Redway Runners	2:34:02	2:33:18	F	FV45	17
62	Abigail Turner	Bedford Harriers A C	2:34:35	2:34:28	F	FV50	16

63	Ben Rymer		2:34:42	2:34:36	M	Senior Males	362
64	Gareth Tucker	Gade Valley Harriers	2:34:51	2:34:46	M	MV45	40
65	Alex Cook		2:35:33	2:35:13	M	Senior Males	359
66	Toby Heley	Silson Joggers A C	2:35:39	2:35:25	M	MV50	312
67	Tom Beach	Royston Runners	2:36:11	2:36:01	M	MV35	63
68	John Flanagan	The Running Hub	2:36:17	2:35:47	M	MV40	132
69	Roger Ball	Amphill & Flitwick Flyers	2:36:37	2:36:27	M	MV50	372
70	Andy Gardner	Redway Runners	2:37:08	2:36:34	M	MV40	313
71	Shannon Osullivan		2:37:17	2:37:05	F	Senior Ladies	342
72	Lewis Harrison		2:37:17	2:37:05	M	Senior Males	331
73	Louise Birkett-Swan	Wootton R R	2:37:28	2:36:59	F	FV45	228
74	John Elworthy	Bedford Harriers A C	2:37:29	2:37:19	M	MV45	272
75	Dominic Sharland		2:37:40	2:37:29	M	MV40	273
76	Adam Johnson	Vale Of Aylesbury	2:37:41	2:37:33	M	Senior Males	128
77	Howard Bull	St Albans Striders	2:37:45	2:37:29	M	MV35	202
78	David Green	Harpenden Arrows	2:37:51	2:37:33	M	MV60	97
79	Alice Synge	BRJ Run & Tri	2:37:52	2:37:36	F	FV45	176
80	Jason Carter		2:37:54	2:37:02	M	MV40	242
81	Simon Kirschner-Heavens		2:38:13	2:37:59	M	MV40	450
82	Jonathan Ollington	Newmarket Joggers	2:38:14	2:37:23	M	MV55	265
83	Elaine Danby		2:38:16	2:38:04	F	FV60	341
84	Sebastiano Tognacci	Shenley Striders	2:38:17	2:37:41	M	MV45	119
85	David Hollingsbee		2:38:20	2:37:42	M	MV45	175
86	Richard Lowes		2:38:42	2:38:37	M	MV45	471
87	Rachel Porter	Cambridge & Coleridge	2:39:13	2:39:08	F	FV45	263
88	Richard Barcock	Kenilworth Runners	2:39:18	2:39:12	M	MV55	129
89	Nick Betts	Stopsley Striders	2:39:25	2:39:13	M	MV40	465
90	Matt Fraher		2:39:37	2:39:26	M	MV35	280
91	Elizabeth McGill		2:39:53	2:39:35	F	FV45	183
92	Mike Gooch	Wellingborough & District A C	2:40:10	2:39:32	M	MV50	366
93	Doug Barton	Diamond Runners	2:40:15	2:39:24	M	MV50	392
94	Anna Bruce		2:40:44	2:40:40	F	FV40	15
95	David Christian		2:40:59	2:40:53	M	MV40	88
96	James Harvey	Bedford Harriers A C	2:41:14	2:40:58	M	MV35	118
97	Maurice O'Connell	Redway Runners	2:41:21	2:41:03	M	MV70	53
98	Simon Yeung		2:41:41	2:41:21	M	MV45	47
99	Andrew Wool	March A C	2:41:49	2:41:02	M	MV50	44
100	Carol Bowett	Fenland R C	2:41:55	2:41:51	F	FV40	448
101	Annette Golawska	Daventry R R	2:41:59	2:41:41	F	FV40	209
102	Jack Easthope		2:42:00	2:41:42	M	MV35	437
103	Jay Willett		2:42:39	2:42:29	M	Senior Males	185
104	Michael Grehan		2:43:04	2:42:37	M	MV55	103
105	Paul Lewis		2:43:06	2:42:57	M	MV40	432
106	Daniel Lawrence	Kenilworth Runners	2:43:12	2:42:59	M	MV50	373
107	Mark Sheldon	Ramsey R R	2:43:18	2:43:16	M	MV45	23
108	Kerry Large	Amphill & Flitwick Flyers	2:43:23	2:43:13	F	FV35	134
109	Coralie Anderson	Leighton Buzzard A C	2:43:39	2:43:23	F	FV45	455
110	Kyle McSwiggan		2:44:04	2:43:28	M	Senior Males	452
111	Daisy Wooller	Mornington Chasers	2:44:12	2:43:55	F	Senior Ladies	196
112	Sam Daniells	Redway Runners	2:44:12	2:43:56	M	MV40	1
113	Pags Claudianos	Riverside Runners	2:44:20	2:43:56	F	FV45	241
114	Susan Millward	Herts Phoenix A C	2:44:25	2:44:00	F	FV45	447
115	Anna Silkstone	St Albans Striders	2:44:32	2:44:06	F	FV40	419
116	Andrew Johnson		2:45:02	2:44:43	M	MV45	215
117	Tony Tarrant		2:45:28	2:44:50	M	MV50	171
118	Oliver Mortimer		2:45:55	2:45:33	M	Senior Males	355
119	Ian Mortimer	Desborough & Rothwell Running Club	2:45:55	2:45:34	M	MV60	356
120	John Shields		2:45:56	2:45:22	M	MV45	254
121	Becky Sharpe	Dunstable R R	2:45:57	2:45:44	F	FV35	92
122	Liam White	Histon and Impington Runners	2:46:04	2:45:53	M	Senior Males	481
123	Lisa Jay		2:46:09	2:46:03	F	FV35	436
124	Brian McCrossan	Team Balancise RC	2:47:13	2:46:38	M	MV40	246
125	Daniel Carpenter	Buckingham & Stowe	2:47:53	2:47:42	M	MV45	387
126	Ana Chaplin	Redway Runners	2:48:02	2:47:48	F	FV40	352
127	Georgina Igoe		2:48:07	2:47:43	F	Senior Ladies	102

128	Sarah Bird	Redway Runners	2:48:22	2:47:38	F	FV50	495
129	Emma Richmond	Eye Community Runners	2:48:38	2:48:05	F	Senior Ladies	49
130	Lee Radley	Riverside Runners	2:48:46	2:48:21	M	MV50	100
131	Victoria Kirschner-Heavens		2:49:27	2:49:09	F	FV40	370
132	Richard Popiel	Silson Joggers A C	2:49:28	2:49:10	M	MV60	378
133	Richard Hill		2:49:46	2:49:03	M	MV50	89
134	David Johnson	Riverside Runners	2:50:02	2:49:39	M	MV45	475
135	Emma Stevens	Dunstable R R	2:50:25	2:50:12	F	Senior Ladies	180
136	Luke Chambers	Redway Runners	2:50:54	2:50:24	M	MV40	293
137	Mark Finn	Bedford Harriers A C	2:50:58	2:50:53	M	MV45	150
138	Laura Fairbanks	North Herts R R	2:51:04	2:50:49	F	FV40	249
139	Paul Smith	Stevenage Phoenix Running Club	2:51:06	2:51:02	M	MV55	278
140	Gareth Comyn		2:51:07	2:50:49	M	MV45	217
141	Ray Cooke	Bedford Harriers A C	2:51:28	2:51:04	M	MV55	467
142	Stuart Simmons		2:52:16	2:51:57	M	MV45	36
143	Martin Davey	Amphill & Flitwick Flyers	2:52:18	2:51:58	M	MV60	14
144	Sarah Pake		2:52:23	2:51:45	F	FV45	168
145	Pullin Shah		2:52:27	2:52:02	M	MV45	6
146	Kat Miles	Riverside Runners	2:52:33	2:52:10	F	FV35	68
147	Nick Sambridge		2:52:33	2:52:08	M	MV50	153
148	Jamie Pettingill		2:52:50	2:52:10	M	Senior Males	466
149	Michael Whelan		2:53:00	2:52:34	M	MV50	361
150	Julie Martin	Redway Runners	2:53:02	2:52:19	F	FV50	443
151	Alastair Green	St Albans Striders	2:53:26	2:52:58	M	MV55	339
152	Chris Erridge	Redway Runners	2:53:27	2:52:30	M	MV40	295
153	Phil Catcheside	Olney Runners	2:53:32	2:52:35	M	MV45	210
154	Rebecca Barden	Garden City Runners	2:53:35	2:53:03	F	FV55	500
155	Richard Weber	North Herts R R	2:53:49	2:53:35	M	MV55	247
156	Jon Daulton	BRJ Run & Tri	2:53:52	2:53:13	M	MV35	56
157	Niki Hales	Team Balancise RC	2:54:05	2:53:32	M	MV45	384
158	Caroline Davis	Grantham R C	2:54:12	2:53:52	F	FV50	238
159	Paul Coury		2:54:39	2:54:28	M	MV45	292
160	Stuart Mann	Herts Phoenix A C	2:55:13	2:55:07	M	MV70	470
161	Gail Winter	Watford Joggers	2:55:25	2:54:54	F	FV50	409
162	Steve Baker		2:55:34	2:54:37	M	MV45	283
163	Marcus Ridley	Fairlands Valley Spartans	2:55:37	2:55:28	M	Senior Males	353
164	Andrew Roach	Spa Striders	2:55:40	2:55:28	M	MV50	377
165	Lucy Wilson-Shaw	London Frontrunners	2:55:48	2:55:39	F	FV45	195
166	Karen Patterson	March A C	2:55:56	2:55:05	F	FV50	82
167	Mark Simmons		2:56:15	2:56:13	M	MV50	24
168	Jason Mottram	March A C	2:56:20	2:55:27	M	MV50	46
169	George Mothersole		2:56:26	2:55:30	M	Senior Males	439
170	George Davies	Olney Runners	2:56:30	2:56:23	M	MV45	256
171	Roy Young	Eye Community Runners	2:56:32	2:55:58	M	MV65	400
172	Graham Tee	Wootton R R	2:57:01	2:56:33	M	MV60	240
173	James Drury		2:57:26	2:56:46	M	MV45	34
174	Boris Mayger		2:57:35	2:57:31	M	MV55	277
175	Laura Starkey		2:58:05	2:57:50	F	FV35	461
176	Heidi Bourton	Redway Runners	2:58:28	2:58:04	F	FV45	322
177	Deborah May	Redway Runners	2:58:28	2:58:04	F	FV40	321
178	Mike Blackledge	March A C	2:58:29	2:58:22	M	MV50	31
179	Steve Halford		2:58:42	2:58:30	M	MV40	148
180	Rose McGinness	St Albans Striders	2:58:52	2:58:25	F	FV55	149
181	Clare Thomas		2:59:37	2:58:52	F	FV45	435
182	Lucy O'Connor	North Herts R R	2:59:57	2:59:42	F	FV60	233
183	Andrew Spilling-Donnalioia		3:00:03	2:59:40	M	MV40	12
184	Lorna Hooks		3:00:39	3:00:25	F	FV45	218
185	Julie Markley		3:00:41	3:00:16	F	FV40	91
186	Tony Parello	Bedford Harriers A C	3:00:42	3:00:32	M	MV60	101
187	Kevin Willett	Bedford Harriers A C	3:00:42	3:00:32	M	MV55	396
188	P Cossey		3:00:48	3:00:17	M	MV40	343
189	Stephen Coomber	Marshall Milton Keynes A C	3:00:59	3:00:15	M	MV40	311
190	Karen Tincknell	Marshall Milton Keynes A C	3:00:59	3:00:15	F	FV45	207
191	Michelle Byrne		3:01:00	3:00:48	F	Senior Ladies	108
192	Martin Walker	Leighton Fun Runners	3:01:32	3:01:01	M	MV65	345

193	Helen Howard	Saffron Striders	3:02:14	3:01:58	F	FV45	76
194	Maurice Hemingway	Riverside Runners	3:02:24	3:02:01	M	MV65	395
195	Neal Turney		3:03:18	3:02:34	M	MV50	152
196	Jacqui Morland	Ampthill & Flitwick Flyers	3:03:18	3:02:40	F	FV45	188
197	Faye Robertson		3:03:38	3:02:50	F	Senior Ladies	369
198	Gemma Kaiser		3:03:47	3:03:10	F	Senior Ladies	368
199	Kerry Bullen		3:03:55	3:02:58	F	FV50	66
200	Jonathan Wintle		3:03:56	3:03:26	M	MV45	227
201	James Plowman		3:03:56	3:02:59	M	MV45	65
202	Kirsty Jones	Bedford Harriers A C	3:04:10	3:03:42	F	FV40	54
203	Laura Hunton	Ampthill & Flitwick Flyers	3:04:19	3:03:41	F	FV40	186
204	Matthew Reed	Wootton R R	3:04:20	3:03:47	M	MV45	172
205	Kimberley Yardley	Ampthill & Flitwick Flyers	3:04:40	3:04:01	F	FV35	235
206	Cerys Dawson		3:05:08	3:04:23	F	Senior Ladies	420
207	Anita White	Harpenden Arrows	3:05:23	3:04:36	F	FV50	493
208	Peter Blackaller	St Albans Striders	3:05:26	3:05:00	M	MV60	491
209	Karen Heslop	Brackley & District R C	3:06:37	3:06:06	F	FV45	325
210	Heidi Carruthers	Brackley & District R C	3:06:37	3:06:07	F	FV45	324
211	Hilary Cox		3:06:58	3:06:31	F	FV50	320
212	Stuart Hill	Stamford Striders	3:06:58	3:06:31	M	MV55	319
213	Ali Cooper	Riverside Runners	3:07:01	3:06:36	F	FV55	221
214	George O'Dell		3:07:18	3:06:43	M	Senior Males	454
215	Natalie Herbert	Cherwell Runners	3:07:45	3:06:48	F	FV50	494
216	Mark Studdart	Watford Joggers	3:08:03	3:07:34	M	MV55	457
217	Claire Thomas	Dunstable R R	3:08:39	3:08:17	F	FV40	222
218	Carmel Jarman	Dunstable R R	3:08:40	3:08:16	F	FV50	106
219	Therese O Riordan	Olney Runners	3:08:50	3:08:27	F	FV45	10
220	Paul Smart	Human Energy A C	3:08:58	3:08:33	M	MV65	463
221	Paul Warden		3:09:02	3:08:17	M	MV60	418
222	Holly Nairn	Harlow R C	3:09:14	3:08:59	F	FV35	472
223	Stephen Elkan		3:09:17	3:08:49	M	MV55	234
224	Rebekah Liddle		3:09:51	3:09:23	F	FV45	376
225	Kevin Mellor		3:09:53	3:09:07	M	MV65	302
226	Madeline Forrester	Olney Runners	3:10:03	3:09:41	F	FV55	460
227	Tim Long		3:10:11	3:09:56	M	MV55	162
228	Christopher Stapleton	Bushfield Joggers	3:10:12	3:09:55	M	MV70	433
229	Kate Tettmar	St Albans Striders	3:10:30	3:10:09	F	FV50	446
230	Anna Morley		3:10:54	3:10:14	F	FV50	143
231	Naomi Course	Ely Runners	3:11:09	3:10:21	F	FV40	90
232	Carl Golder	Eye Community Runners	3:11:23	3:10:48	M	MV45	137
233	Lindsey Bierton		3:11:25	3:11:13	F	FV35	237
234	David Rose	Redway Runners	3:11:32	3:10:50	M	MV60	112
235	Louise Diaz		3:11:34	3:10:52	F	FV55	83
236	Claire Short		3:12:08	3:11:25	F	FV45	401
237	Julie Pritchett	Ampthill & Flitwick Flyers	3:12:08	3:11:25	F	FV45	115
238	Laurene Lee	Bedford Harriers A C	3:12:13	3:11:46	F	FV45	213
239	Alexandra Ridout	Buckingham & Stowe	3:12:19	3:12:05	F	FV45	211
240	Andrew Hetherington	Tring R C	3:12:39	3:12:03	M	MV60	305
241	Pamela Morgan	Harpenden Arrows	3:12:45	3:11:58	F	FV40	8
242	Nikunj Patel		3:12:53	3:12:27	M	MV55	9
243	Martin Dean		3:13:56	3:13:46	M	MV45	96
244	Rachel Barker		3:14:02	3:13:40	F	FV40	410
245	Christine Ferguson	Harpenden Arrows	3:14:22	3:13:02	F	FV60	41
246	Lucy Barker		3:14:26	3:13:26	F	FV35	304
247	David Bailey	Team Balancise RC	3:14:37	3:13:58	M	MV50	252
248	Emily Davenall	Alchester R C	3:14:47	3:14:33	F	FV35	62
249	Naomi Winton		3:14:56	3:13:56	F	FV35	332
250	Natasha Newton	Wellingborough & District A C	3:15:11	3:14:27	F	FV50	318
251	Martin Newton	Wellingborough & District A C	3:15:12	3:14:27	M	MV45	317
252	Melanie Tindale	Eye Community Runners	3:15:13	3:14:38	F	FV45	291
253	Jady Jones	Redway Runners	3:15:31	3:14:44	F	FV45	3
254	Martyn Boden		3:15:47	3:15:15	M	MV35	451
255	Caroline Beechey	Redway Runners	3:15:53	3:15:14	F	FV60	57
256	Richard Pye	Human Energy A C	3:16:00	3:15:36	M	MV50	445
257	Kelly Bywaters	Dunstable R R	3:16:19	3:15:55	F	FV45	7

258	Laura Prime	Harlow R C	3:16:43	3:16:07	F	FV45	306
259	Aaron Evans		3:16:45	3:16:23	M	MV35	363
260	Ruth Kent	St Albans Striders	3:16:57	3:16:30	F	FV40	426
261	Amber Snell		3:16:58	3:16:11	F	FV45	4
262	Alice Noakes	North Herts R R	3:16:58	3:16:44	F	Senior Ladies	11
263	Louise Crosby	Harpenden Arrows	3:17:01	3:16:42	F	FV60	98
264	Adam Knaggs		3:17:03	3:16:55	M	MV45	32
265	Karen Bolam		3:17:04	3:16:56	F	FV45	33
266	Michael Harrison	Wootton R R	3:17:11	3:16:39	M	MV40	138
267	Catriona Hoult	East London Runners	3:17:18	3:16:46	F	FV45	286
268	Zoe Hinde		3:17:43	3:17:13	F	FV40	184
269	Lorna Blatcher		3:17:46	3:16:57	F	FV45	48
270	Sunil Teeluck		3:17:49	3:16:53	M	MV40	113
271	Rebecca Baker	Wootton R R	3:17:51	3:17:21	F	FV40	38
272	Michael Kendall	Wootton R R	3:18:10	3:17:39	M	MV65	145
273	Paula Faller	Biggleswade A C	3:18:13	3:17:43	F	FV40	243
274	Benjamin Hing	Shefford Runners	3:18:13	3:17:43	M	MV40	485
275	Emma Moore	Wellingborough & District A C	3:18:33	3:18:26	F	FV40	489
276	Shaun Grainger		3:18:36	3:17:56	M	MV35	330
277	Jim Edwards	Redway Runners	3:18:38	3:17:40	M	MV50	299
278	Yusuf Firat	Haverhill R C	3:18:49	3:18:15	M	MV60	121
279	Simon Callow	Wellingborough & District A C	3:19:00	3:18:10	M	MV50	258
280	Jacquetta Rodgers		3:19:05	3:18:18	F	FV50	257
281	Brett Bayliss		3:19:12	3:18:15	M	MV55	351
282	Jonathan Ross		3:19:18	3:18:36	M	MV60	236
283	Angel Cooper	Redway Runners	3:19:29	3:18:44	F	Senior Ladies	338
284	Glenn Dickinson	Redway Runners	3:20:02	3:19:00	M	MV55	85
285	Steph Scott		3:20:11	3:19:31	F	FV35	194
286	Anne Henson	Garden City Runners	3:20:13	3:19:40	F	FV65	189
287	Jacqueline Moore	Redway Runners	3:20:32	3:19:39	F	FV35	216
288	Terri Jones	Redway Runners	3:20:35	3:20:22	F	FV60	336
289	Rebecca Fensome	Bedford Harriers A C	3:20:49	3:20:37	F	Senior Ladies	120
290	Dominic Eaves		3:21:19	3:20:54	M	MV45	484
291	Laura Beechey	Redway Runners	3:21:41	3:21:02	F	FV35	58
292	Peijie Zhu	Bishops Stortford R C	3:21:56	3:21:17	F	FV45	147
293	Jamie Ward		3:22:20	3:22:09	M	Senior Males	347
294	Jessica Ward		3:22:21	3:22:09	F	FV35	346
295	Mrunal Sisodia		3:22:33	3:21:47	M	MV50	139
296	Melanie Comerford	Buckingham & Stowe	3:23:10	3:22:48	F	Senior Ladies	427
297	David Martin	Saffron Striders	3:23:45	3:23:10	M	MV50	206
298	Joanna Makowska		3:23:46	3:23:10	F	FV40	205
299	Paul MacLoskey		3:23:58	3:23:15	M	MV55	84
300	Tim Giffen	Redway Runners	3:23:58	3:23:14	M	MV45	310
301	Tonya Babb	Edmonton R C	3:24:06	3:23:42	F	FV50	423
302	Claire Boylan	Bishops Stortford R C	3:24:25	3:23:46	F	FV50	142
303	Mark Nazir		3:24:34	3:23:42	M	MV35	405
304	Amanda Harding	Redway Runners	3:24:54	3:24:14	F	Senior Ladies	267
305	Graham Williams		3:25:01	3:24:02	M	MV40	39
306	Robert Woods	Olney Runners	3:25:10	3:24:19	M	MV55	77
307	Nikki Rudd		3:25:11	3:24:43	F	FV50	18
308	Clare Willis		3:25:27	3:25:02	F	FV40	200
309	Nicola Hines		3:26:33	3:26:00	F	FV40	417
310	Paula Nicol		3:26:40	3:25:51	F	FV40	22
311	David Betts	Leighton Fun Runners	3:26:53	3:26:13	M	MV40	190
312	Martin Trinder		3:27:23	3:26:54	M	MV45	413
313	Kieran Butler		3:27:45	3:26:51	M	MV35	478
314	Michelle Grudzinski	North Herts R R	3:28:00	3:27:46	F	FV40	42
315	Andrew Grudzinski	North Herts R R	3:28:12	3:27:58	M	MV45	402
316	Henry Godsall		3:28:58	3:28:08	M	MV50	354
317	Jon Narbett	Bedford Harriers A C	3:29:38	3:29:16	M	MV50	224
318	Alan Mutch	Desborough & Rothwell Running Club	3:29:55	3:29:10	M	MV60	264
319	Ian Dellbridge		3:29:55	3:29:00	M	MV50	94
320	Melody Ntambalika	Dunstable R R	3:30:31	3:30:07	F	FV45	453
321	Lucilla O'Brien	Dunstable R R	3:30:31	3:30:10	F	FV45	161
322	Ivan Zaykov		3:31:21	3:30:03	M	MV50	474

323	Ian Smith		3:31:22	3:30:56	M	MV50	364
324	Alice Leadbeter		3:31:55	3:31:00	F	FV45	69
325	James Leadbeter		3:31:56	3:30:26	M	Senior Males	70
326	Suzie Snelson	Buckingham & Stowe	3:32:06	3:31:53	F	FV55	442
327	Michael Hancock	Buckingham & Stowe	3:32:06	3:31:52	M	MV40	415
328	Tony Welsh	Redway Runners	3:32:08	3:31:18	M	MV40	37
329	Lynda Rowse	Diamond Runners	3:32:44	3:31:55	F	FV55	105
330	Nigel Clark		3:33:06	3:32:32	M	MV55	371
331	Paul Smailes		3:33:06	3:32:33	M	MV45	374
332	Phillip Tubbs	Dunstable R R	3:33:38	3:33:17	M	MV65	109
333	Gill Plowman		3:34:10	3:33:14	F	FV50	73
334	Lorraine Bennie	Bedford Harriers A C	3:34:46	3:34:37	F	FV35	130
335	Miranda Parry		3:34:49	3:34:42	F	FV50	492
336	Clare Webb		3:35:56	3:34:26	F	FV45	394
337	Stephen Woodus	Vegan Runners UK	3:35:57	3:35:31	M	MV50	498
338	Hannah Golightly	Vegan Runners UK	3:35:58	3:35:32	F	Senior Ladies	499
339	Matt Wadsworth	Buckingham & Stowe	3:35:59	3:35:05	M	MV45	430
340	Dorothy Edwards	Redway Runners	3:35:59	3:35:28	F	FV45	412
341	Kate Ruddock	BRJ Run & Tri	3:36:02	3:35:23	F	FV50	19
342	Claire Few	BRJ Run & Tri	3:36:11	3:35:32	F	FV55	20
343	Andrew Plowman		3:37:28	3:36:31	M	MV45	72
344	Peter Humphries		3:37:53	3:37:02	M	MV50	166
345	Louise Harris	Redway Runners	3:37:54	3:36:55	F	FV50	290
346	Claire Styles		3:38:28	3:38:15	F	FV45	469
347	Jason Rainbow		3:38:29	3:37:37	M	MV50	2
348	Lorraine Devereux		3:38:37	3:38:08	F	FV50	95
349	Noel Jones	Bedford Harriers A C	3:38:40	3:37:45	M	MV55	220
350	Becky Goodwin		3:38:45	3:38:27	F	FV45	203
351	Claire Estick	Redway Runners	3:39:25	3:38:40	F	FV45	125
352	Angela Stango	Bedford Harriers A C	3:40:37	3:39:36	F	FV40	29
353	Timothy Cumersdale		3:41:33	3:40:47	M	MV35	124
354	Emma Cumersdale	Redway Runners	3:41:33	3:40:47	F	Senior Ladies	123
355	Rachel Canning		3:42:45	3:42:24	F	FV50	383
356	John Kemp		3:42:45	3:42:24	M	MV50	385
357	Sue Hamer	Fairlands Valley Spartans	3:43:40	3:42:46	F	FV50	335
358	Tony Haynes		3:44:55	3:44:06	M	MV35	480
359	Sophie Mynott	Ely Runners	3:45:05	3:44:16	F	FV35	93
360	Johanna Lee	Dunstable R R	3:45:29	3:45:06	F	FV40	289
361	Robert Lee	Dunstable R R	3:45:29	3:45:06	M	MV40	288
362	Erica Grayson		3:45:51	3:44:57	F	FV50	334
363	Timothy Edwards		3:46:03	3:45:22	M	Senior Males	422
364	Jenna Harvey	Histon and Impington Runners	3:46:23	3:45:25	F	FV40	127
365	Norma Leckie	Riverside Runners	3:46:25	3:46:00	F	FV70	21
366	Melanie Joy	Bedford Harriers A C	3:46:38	3:45:57	F	FV40	327
367	Samantha Devereaux	Team Balancise RC	3:47:27	3:46:45	F	FV55	269
368	Michelle Gardner	Haverhill R C	3:48:41	3:48:06	F	FV50	404
369	Gail Laidler	Buckingham & Stowe	3:49:07	3:48:52	F	FV50	429
370	Karen McKeever		3:49:23	3:48:44	F	FV50	297
371	Liz King		3:50:15	3:49:47	F	FV45	104
372	Warren Marsh	Wellingborough & District A C	3:51:31	3:50:43	M	MV65	61
373	Selina Conway	Diamond Runners	3:52:10	3:51:28	F	FV35	99
374	David Argent	Redway Runners	3:52:32	3:51:51	M	MV55	178
375	Clare Robinson	Histon and Impington Runners	3:52:37	3:51:39	F	FV40	126
376	Lisa French		3:53:43	3:52:53	F	FV45	5
377	Karen Lower	Northampton R R	3:53:48	3:53:01	F	FV50	268
378	Veronica Singleton-Lawley	Bedford Harriers A C	3:54:19	3:53:24	F	FV60	107
379	Mandy Walker	Bushfield Joggers	3:55:11	3:54:51	F	FV55	438
380	Louise Tesloff	Bushfield Joggers	3:55:11	3:54:51	F	FV55	81
381	Leigh Betts	Stopsley Striders	3:55:51	3:55:22	F	FV45	424
382	Sarah Howell		3:56:25	3:56:05	F	FV50	199
383	Sarah Dorey	Wootton R R	3:58:47	3:58:13	F	FV45	173
384	Hannah Farr		3:59:12	3:58:32	F	Senior Ladies	425
385	Elizabeth Merricks		3:59:12	3:58:31	F	FV40	431
386	Gail Lock	M K Lakeside Runners	4:00:15	3:59:44	F	FV45	380
387	Dave Lock		4:00:16	3:59:45	M	MV50	379

388	Joanne Duggan	Watford Joggers	4:02:22	4:01:50	F	FV50	367
389	Susannah Quinn	Redway Runners	4:04:58	4:04:04	F	FV35	459
390	Catherine Marriott	Biggleswade A C	4:07:38	4:06:39	F	FV65	300
391	Rachel Turvey	Bishops Stortford R C	4:08:03	4:07:14	F	FV45	164
392	Jane Malone	Bishops Stortford R C	4:08:03	4:07:15	F	FV45	163
393	Natalie Liversidge		4:08:15	4:07:24	F	Senior Ladies	169
394	Laura Horne	Redway Runners	4:09:11	4:08:16	F	FV45	250
395	Jonathan Clements	Redway Runners	4:09:11	4:08:16	M	MV50	251
396	Olivia Burke		4:10:03	4:09:07	F	FV45	421
397	Rebecca Fleckney	Ampthill & Flitwick Flyers	4:21:45	4:21:03	F	FV40	287
398	Tania Yelland	Redwell Runners	4:22:36	4:21:37	F	FV40	30
399	Erica Van Bree	Wootton R R	4:23:02	4:22:25	F	FV50	141
400	Kerry Guthrie	Wootton R R	4:23:02	4:22:24	F	FV45	144
401	Theresa Burke	Bishops Stortford R C	4:24:55	4:24:06	F	FV65	294

Oakley 20 26th March 2023

Results by Bedford Harriers A.C.

Male Open Winners

Place	Name	Team	Time
1	Phil Martin	Peterborough & Nene Valley AC	1:56:09
2	James Fisher	Long Eaton Running Club	2:02:58
3	Matt Clements	Redway Runners	2:02:58

MV35

Place	Name	Team	Time
1	Paul MacKay	Corby A C	2:13:37
2	Andrew Cowdrill	Marshall Milton Keynes A C	2:13:48
3	Dean Reilly	Royston Runners	2:16:43

MV40

Place	Name	Team	Time
1	Chris Ling	Olney Runners	2:03:25
2	Barry Stratford	Amphill & Flitwick Flyers	2:18:26
3	Gavin Nicholson	Amphill & Flitwick Flyers	2:24:19

MV45

Place	Name	Team	Time
1	James Birnie	Gade Valley Harriers	2:15:25
2	Jonathan Quint	City Of Norwich A C	2:15:28
3	Russ Hewitt	Riverside Runners	2:16:17

MV50

Place	Name	Team	Time
1	Martin Sewell	Cambridge & Coleridge	2:15:23
2	Ian Hunter	Alchester R C	2:17:27
3	Simon Storer	Silson Joggers A C	2:19:21

MV55

Place	Name	Team	Time
1	James Darcy	Buckingham & Stowe	2:26:34
2	Stewart Campbell	Lonely Goat Running Club	2:32:19
3	Jonathan Ollington	Newmarket Joggers	2:38:14

MV60

Place	Name	Team	Time
1	Ian Robinson	Barrow Runners	2:26:04
2	David Green	Harpenden Arrows	2:37:51
3	Ian Mortimer	Desborough & Rothwell Running Club	2:45:55

MV65

Place	Name	Team	Time
1	Roy Young	Eye Community Runners	2:56:32
2	Martin Walker	Leighton Fun Runners	3:01:32

3	Maurice Hemingway	Riverside Runners	3:02:24
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MV70

Place	Name	Team	Time
1	Maurice O'Connell	Redway Runners	2:41:21
2	Stuart Mann	Herts Phoenix A C	2:55:13
3	Christopher Stapleton	Bushfield Joggers	3:10:12

Female Open Winners

Place	Name	Team	Time
1	Troi Baxter	Newmarket Joggers	2:11:19
2	Natalie Burns	LWAC	2:11:40
3	Libby Brown	Cambridge & Coleridge	2:18:14

FV35

Place	Name	Team	Time
1	Emily Prejac	Dunstable Lions Running Club (Beds)	2:22:54
2	Ellie Sherriffs	Bedford Harriers A C	2:28:15
3	Hannah St Leger-Harris	Silson Joggers A C	2:32:27

FV40

Place	Name	Team	Time
1	Linsey Ryall	Marshall Milton Keynes A C	2:31:05
2	Sally Green	Redway Runners	2:33:28
3	Anna Bruce		2:40:44

FV45

Place	Name	Team	Time
1	Zoe Kemp	Human Energy A C	2:26:40
2	Jennifer Sangster	Redway Runners	2:34:02
3	Louise Birkett-Swan	Wootton R R	2:37:28

FV50

Place	Name	Team	Time
1	Abigail Turner	Bedford Harriers A C	2:34:35
2	Sarah Bird	Redway Runners	2:48:22
3	Julie Martin	Redway Runners	2:53:02

FV55

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Place	Name	Team	Time
1	Rebecca Barden	Garden City Runners	2:53:35
2	Rose McGinness	St Albans Striders	2:58:52
3	Ali Cooper	Riverside Runners	3:07:01

FV60

Place	Name	Team	Time
1	Elaine Danby		2:38:16
2	Lucy O'Connor	North Herts R R	2:59:57
3	Christine Ferguson	Harpenden Arrows	3:14:22

FV65

Place	Name	Team	Time
1	Anne Henson	Garden City Runners	3:20:13
2	Catherine Marriott	Biggleswade A C	4:07:38
3	Theresa Burke	Bishops Stortford R C	4:24:55

FV70

Place	Name	Team	Time
1	Norma Leckie	Riverside Runners	3:46:25

Male Team Winner

	Positions	
Amphill & Flitwick Flyers		60
1 Barry Stratford		17
2 Steven Upton		18
3 Gavin Nicholson		25

Female Team

	Positions	
Redway Runners		66
1 Sally Green		15
2 Jennifer Sangster		16
3 Ana Chaplin		35

Oakley 20 26th March 2023

Bedfordshire AAA County Championships

Results by Bedford Harriers A.C.

Male Open Winners

Place	Name	Team	Time
1	Matt Clements	Redway Runners	2:02:58
2	Chris Ling	Olney Runners	2:03:25
3	Andrew Cowdrill	Marshall Milton Keynes A C	2:13:48

MV40

Place	Name	Team	Time
1	Barry Stratford	Amphill & Flitwick Flyers	2:18:26
2	Gavin Nicholson	Amphill & Flitwick Flyers	2:24:19
3	Nick Betts	Stopsley Striders	2:39:25

MV45

Place	Name	Team	Time
1	Steven Upton	Amphill & Flitwick Flyers	2:18:26
2	Nick Giles		2:20:09
3	Neil Currant	Dunstable R R	2:24:55

MV50

Place	Name	Team	Time
1	Richard Hill		2:49:46
2			
3			

MV55

Place	Name	Team	Time
1	Paul Smith	Stevenage Phoenix Running Club	2:51:06
2	Richard Weber	North Herts R R	2:53:49
3	Kevin Willett	Bedford Harriers A C	3:00:42

MV60

Place	Name	Team	Time
1	Martin Davey	Amphill & Flitwick Flyers	2:52:18
2	Tony Parello	Bedford Harriers A C	3:00:42
3	Alan Mutch	Desborough & Rothwell Running Club	3:29:55

MV65

Place	Name	Team	Time
1	Martin Walker	Leighton Fun Runners	3:01:32
2	Paul Smart	Human Energy A C	3:08:58
3	Phillip Tubbs	Dunstable R R	3:33:38

MV70

Place	Name	Team	Time
1	Maurice O'Connell	Redway Runners	2:41:21

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Female Open Winners

Place	Name	Team	Time
	1 Emily Prejac	Dunstable Lions Running Club (Beds)	2:22:54
	2 Shannon Barton		2:23:00
	3 Zoe Kemp	Human Energy A C	2:26:40

FV35

Place	Name	Team	Time
	1 Kerry Large	Ampthill & Flitwick Flyers	2:43:23
	2 Becky Sharpe	Dunstable R R	2:45:57
	3 Jacqueline Moore	Redway Runners	3:20:32

FV40

Place	Name	Team	Time
	1 Anna Bruce		2:40:44
	2 Annette Golawska	Daventry R R	2:41:59
	3 Kirsty Jones	Bedford Harriers A C	3:04:10

FV45

Place	Name	Team	Time
	1 Jennifer Sangster	Redway Runners	2:34:02
	2 Coralie Anderson	Leighton Buzzard A C	2:43:39
	3 Laurene Lee	Bedford Harriers A C	3:12:13

FV50

Place	Name	Team	Time
	1 Abigail Turner	Bedford Harriers A C	2:34:35
	2 Julie Martin	Redway Runners	2:53:02
	3 Carmel Jarman	Dunstable R R	3:08:40

FV55

Place	Name	Team	Time
	1 Ali Cooper	Riverside Runners	3:07:01

FV60

Place	Name	Team	Time
	1 Lucy O'Connor	North Herts R R	2:59:57
	2 Christine Ferguson	Harpenden Arrows	3:14:22
	3 Veronica Singleton-Lawke	Bedford Harriers A C	3:54:19

FV65

Place	Name	Team	Time
	1 Catherine Marriott	Biggleswade A C	4:07:38