



British Association of Road Races Online



Macmillan cancer relief

BEDFORD HARRIERS A.C.

www.bedfordharriers.co.uk hello@bedfordharriers.co.uk

Proudly present:

The Great Barford Half Marathon and 1.5k Fun Run

(under UK Athletics rules) Permit no.3650 Incorporating Beds AAA County Championship

SEAA Certificate of Course Accuracy no. SEAA02/080

Sunday 14th December 2003: Race starts 11:00am

Fun run starts 11:15am



Start & finish at Great Barford Village Hall, Great Barford, Bedford

Sponsored by; Charles Wells, J S & P S Chana, At Your Own Pace Ltd

In support of Macmillan Cancer Relief/Primrose Appeal. In Association with Team Bedford

Race entry limit 1000. Entries on the day subject to limit not being previously reached.

Late entry desk will close promptly at 10:30 am. Competitors must be at least 17 on the day of the race.

Numbers will be mailed from the 1st November 2003

Facilities	Fully marshalled	Prizes	Trophies for;
Changing rooms	Race clock	£100 for breaking course records	1 st 2 nd 3 rd Senior males & females
Showers	Drinks stations	(Records currently stands at	1 st Male vet 40, 45, 50, 55, 60, 65
Refreshments	Sports massage	1:06:44 Benson Matheka,	1 st Female vet 35, 40, 45, 50, 55, 60
Bag storage	St Johns Ambulance in	1:17:42 Ellen Leggatt)	Race memento to all finishers
Licensed bar	in attendance	Cash prizes Team prizes	Medal to all fun run finishers
Kit shop		Spot prizes	
Car park			

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Entry form – Please print in block letters - UKA Club name in full

Surname			First name
Address			Post code
Date of birth			Age on race day
Gender			UKA club (leave blank if unattached)
Home 'phone no.			e-mail address

Please accept my entry for the Great Barford Half Marathon/fun run*. I accept that the organisers will not be liable for any loss, damages, action, claims, compensation or expenses, which might arise in consequence of my participation in this event. I declare that I will not compete in the race unless I am in good health on the day of the race and that in any event, I will compete only at my own risk. I declare that I am an amateur as defined by UKA/SEAA rules.

I consent that my details may be used in accordance with the DATA PROTECTION ACT 1988 and will be made available on request. *Delete as applicable.

I enclose entry fee of	Attached UKA club		£7.00 (+ £2.00 entry on the day)
	Unattached		£8.00 (+ £2.00 entry on the day)
	Fun Run for Macmillan Cancer Relief/Primrose Appeal		£2.00 Entry on day only. Under 10s must be accompanied by a responsible adult.
	Total enclosed		
Signed		Date	

Cheques payable to Bedford Harriers AC. £0.50 of each entry will be donated to Macmillan Cancer Relief.

Send entries and (9 X 4) s.a.e to Steve Crane 38 Armstrong Close Wilstead Bedford MK45 3EJ

Telephone no. 01234 742507

Closing date for postal entries 6th December 2003